



Cooking Basics

Come and create delicious and healthy meals for your community

Come and cook your favourite dishes and new recipes in our 'Cooking Basics' class.

Our classes are fun, supportive and a great place to learn:

- how to read a recipe
- shopping for recipes
- basic cooking skills for everyday
- handling food safely
- how to store food safely
- how to serve food to your mates and family

Contact us today to enrol

Course Cost:
TBC

Start Date:
TBC

Length:
TBC

Day:
TBC

Time:
TBC

*CONTACT US TO
ENROL TODAY*



Wendouree Neighbourhood Centre

(03) 53030507 | reception@wnc.org.au

PROGRAM STRUCTURE

Cooking Basics is a pre-accredited program, this course is suitable for beginners and anyone seeking to polish-up on life skills.

The class will start with a settling- in time and planning the day; followed by cooking and creating food, after cooking we will clean up .The class can chill-out while sampling the delicious food they made, followed by a quick refectation on the day and planning for the next class. This class will use a blended learning approach with some course content being completed in the learner's own time.

Some popular recipes made in this course:

- **Shepherds pie**
- **Chocolate sauce pudding**
- **Honey soy chicken skewers**
- **French toast**
- **Loaded Nachos**
- **Lemon meringue pie**

