



Find Food Assistance in Wendouree & Shower Bus

Who	Details	Where	Monday	Tuesday	Wednesday	Thursday	Friday
St Vincent de Paul Society Assistance Centre www.vinnies.org.au	Food & Vouchers For assistance outside these hours leave a message on 5334 2844 or Free Call 1800 305 330	14 Violet Grove, Wendouree	9:30am to 11.30am	9:30am to 11.30am	9:30am to 11.30am		
		4 Dawson Street South, Ballarat	10:00am to midday	10:00am to midday	10:00am to midday		
	To organise a home visit call 5334 2844		10:00am to 4:00pm	10:00am to 4:00pm	10:00am to 4:00pm	10:00am to 4:00pm	10:00am to 4:00pm
Wendouree Neighbourhood Centre www.wnc.org.au Ph: 5303 0507	<ul style="list-style-type: none"> •Meals at a small cost of \$1.00 to \$3.00 depending on meal. Available to everyone. •Community Pantry •Fresh Produce & Bread (when available) Call 5303 0507. 	12 Holly Grove, Wendouree	9:00am to 3:00pm	9:00am to 3:00pm	9:00am to 3:00pm	9:00am to 3:00pm	9:00am to 3:00pm
Soul Food	Food Pantry Service: \$5 donation per bag of food. Available to everyone, no registration needed.	Corner Grevillea & Learmonth Rd, Wendouree				10:00am to 11:00am	
Ballarat Community Health` Second Bite - food swap	Fresh produce	12 Lilburne Street Lucas	11:00am to 5:00pm		11:00am to 5:00pm	11:00am to 5:00pm	
Farms to Families Market (Vouchers also available from Wendouree Neighbourhood Centre)	Fresh Produce, Bread	251 Vickers Street Sebastopol				3 rd Thursday each month 10:30am to 12:00pm	
Ballarat on Track Foundation Soup Bus www.soupbus.com.au PH: 03 5336 7111	Free hot dinner	124 Armstrong Street South Ballarat (Cameron's Welding)	7:30pm to 9:00pm	7:30pm to 9:00pm	7:30pm to 9:00pm	7:30pm to 9:00pm	(Sunday) 5:30pm to 7:30pm
		At Ballarat East Men's Shed 730 Eureka Street, Ballarat East: N.B. No hot foods.			9:30am – 11:00am		
	Food Assistance & 2-course sit-down meal	14 Violet Grove, Wendouree			6:30pm to 8:00pm		6:30pm to 8:00pm
One Humanity Shower Bus	Shower and clothes washing facilities	126 Armstrong St South (outside Cameron's Plumbing)				Thursday 6:00pm to 8:00pm & Sunday 5:00pm to 7:00pm	

Further Assistance in Ballarat

Meals for change	Support young people (aged 15 – 25) to access affordable meals in local cafes.	Contact Jen mob. 0407 814 126					
Uniting Care www.unitingcareballarat.com.au	Food & Vouchers Emergency Relief for those on low income or immediate financial crisis. Book at Reception or Ph: 5332 1286	105 Dana Street Ballarat	9:00am	9:00am	9:00am	9:00am	9:00am
Hilltop Church	Lunch and food bank Free lunch Free bread alternate weeks and free men's haircuts last Thursday of the month.	503 Mair Street, Ballarat				11:30am to 1:00pm	
	Food Bank – fresh produce					1:30pm to 2:30pm	
Anglicare Victoria www.anglicarevic.org.au	Emergency Relief No appointment needed. Further info phone 5333 0600	14 Victoria Street, Bakery Hill	10:30am to midday	10:30am to midday	10:30am to midday	10:30am to midday	
		19 Victoria Street Creswick		2 nd Wednesday each month 1:00pm – 2:00pm			
Food is Free Laneway www.foodisfree.com.au		Corner Rippon Street South & Warrior Place, Ballarat	Food is free Laneway is always open. Drop in at any time.				
BreezeWay Meals Program www.unitingcareballarat.com.au	Free hot lunch and take away packs available for later.	105 Dana Street, Ballarat	11:30am to 1:00pm	11:30am to 1:00pm	11:30am to 1:00pm	11:30am to 1:00pm	11:30am to 1:00pm
The Salvation Army www.salvastionarmy.org.au	<ul style="list-style-type: none"> Assistance with food and furniture. Some assistance for utilities, Telstra Pharmaceuticals & Myki travel assist. 	Appointments can be made by presenting at the Centre at 9:30am or by phone after 9:30am: PH: 5337 0600 102 Eureka Street Ballarat Please bring Health Care Card	9:30am to 11:30pm	9:30am to 11:30pm	9:30am to 11:30pm	9:30am to 11:30pm	9:30am to 11:30pm
Café 102 (Salvation Army)	3 course healthy meals provided for individuals and families.	Drop in to 102 Eureka Street, Ballarat East		12:30pm to 1:30pm		12:30pm to 1:30pm	